

FEBRUARY 24 FYMP-LACDMH RADIO SHOW FEATURES DR. FRED FRESE



Tune in for the weekly “Free Your Mind Projects Radio Show” this Sunday, February 24, 2013, on the CBS radio station KFWB-AM (980AM) from 8:00-9:00P.M. The Los Angeles County Department of Mental Health (LACDMH) is a proud sponsor of this unique radio show.

Whether you’re in your car or at home, tune in and listen to the hour-long program designed to promote awareness on mental health issues. This week, LACDMH Public Affairs Director Kathleen Piché will be co-hosting and will also be joined by the legendary Frederick Frese III, Ph.D.

Dr. Fred Frese has led a distinguished career in public mental health care for the past 30 years as a leader in the field of psychology and as a well-known advocate for the rights of people with mental illness. On this week’s show, Dr. Frese talks about his own mental health history and the stigma associated with mental illness.

An officer in the Marine Corps during the Vietnam War, Fred Frese was diagnosed with paranoid schizophrenia. Despite this condition and numerous involuntary hospitalizations in state, private, and military psychiatric wards, he pursued a medical degree and earned a doctorate in psychology from Ohio University. Dr. Frese embarked on a successful career in mental health and became director of psychology at Western Reserve Psychiatric Hospital.



After years of keeping his experiences with schizophrenia a secret, Dr. Frese publicly revealed his condition in 1990. For more than 20 years, he has spoken at hundreds of conferences and public events in an effort to combat stigma and

call for recognition of the dignity of people with mental illness and their right to services and support.

Currently, Dr. Frese holds clinical faculty appointments in psychiatry at Case Western Reserve University and at the Northeastern Ohio Universities College of Medicine. He is coordinator of the Summit County Recovery Project which serves recovering consumers in the Akron area. Dr. Frese also publishes and lectures widely on the subject of schizophrenia, and is on the board of scientific advisors for Schizophrenia Bulletin.

Dr. Frese founded the Community and State Hospital Section of the American Psychological Association, and is past president of the National Mental Health Consumers' Association. He has been actively involved with NAMI and serves on their national board of directors.

If you miss the show, you can always listen to it archived on the Free Your Mind Projects website: <http://www.freeyourmindprojects.com/category/radio/>

The “Free Your Mind Projects Radio Show” is always interested in possible guests and subjects to cover. If you know of any persons in recovery or subject matter experts who would be good candidates for an on-air interview in a future show, please contact the LACDMH Public Information Office at pio@dmh.lacounty.gov.